

ALLSPORTS

'When You've Pushed Yourself To The Limit And Then Pushed Some More - You Need Amino Load Advanced Formula!'



With this new product we can now deliver more amino acids to your tired hungry muscles immediately after exercise.

Amino Load Advanced Formula is not intended to replace our flagship Amino Load original, it's just that some athletes push themselves so hard they can take on board extra amino's. It is for such athletes that we decided to develop a stronger version.

Amino Load Advanced Formula works exactly the same as the original but delivers 3000mg of amino acids per serving. Making Amino Load stronger was not simply a matter of adding more of the same amino's, although we did do that partially. The key to increasing the amount of effective muscle building amino's which could be rapidly delivered to the muscle site was by adding Whey Protein Hydrolysate. Whey Protein Hydrolysate is a special form of whey which is predigested using enzymatic hydrolysis. This process results in an extremely pure form of whey broken down into short peptide bonds containing amino acid chains two and three molecules long (di and tri peptides). In this form they can be absorbed just as quickly as the free form or single aminos which are also present, and far

more quickly than any intact protein which normal carbohydrate/protein formulas contain. The ratio of the vital muscle building **branch chain amino's** is higher in Whey Protein Hydrolysate than in any other naturally occurring source.

Amino Load Advanced Formula has 3000 mg per serving of mono, di and tri peptide bond amino acids, which includes 1000 mg of L-Glutamine. L-Glutamine is a vitally important amino acid not only in the muscle building process but also in strengthening the immune system. All these amino's are delivered right at the time of most need - immediately after intense physical activity. It is reckoned that 3000 mg of predigested amino acids is close to the maximum you could naturally drive quickly into the muscles using the amino loading process during the 20 minute 'window of opportunity' after exercise.

Available in Natural, English Apple or Blackcurrant flavour and in two sizes: 1kg (20 servings) and 3kg (60 servings).

Amino Load Advanced Formula is available in one kilo and 3 kilo sizes and is in the same three flavours as Amino Load Original. Here's what some of our athletes have to say about it:



"The new Amino Load Advanced Formula is totally unique and has no equal as a muscle builder as far as I'm concerned. I just can't say enough good things about it." **Gary Lister - Mr Universe**

"The best just got better. Better recovery, better times another superb Allsports product always one step ahead." **Kevin Dawson - 9 times mens BBAR cycling champion**



"Since I've been using Amino Load Advanced Formula I can't believe the difference it's made to me and everyone has noticed - it's awesome!" **Trevor Crouch - I.F.B.B. Pro British, Welsh and European body-building champion**

"I used this product for 2 months before returning to Brazil. After 1 week in Brazil I was fed up of the world's best asking how many anabolic cycles I'd taken. Anabolic results, without anabolics, enough said!" **Ben Poppleton - Bronze Medallist Brazilian Championships Gracie Jiu-Jitsu**

"Amino Load Advanced Formula - Quite simply fantastic!" **John C. Montgomery - Cyclist**

"Advanced Formula Amino Load is absolutely brilliant!" **Peter Tebby - Cyclist**

"Any serious competitive athlete is in danger of jeopardising their full performance potential by using any recovery product other than Amino Load (Advanced Formula). Complete recovery after hard training has to be experienced to be believed, there really is no point in even considering any other product.

We always thought Amino Load Original could never be improved on but Amino Load Advanced Formula is a truly amazing development!



Thankyou Robin for yet another winner." **Pete Read - Senior Coach with the Association of British Cycle Coaches**

"Amino Load Advanced Formula is the best way of transporting branch chain and other essential amino acids to post workout glycogen depleted muscles." **Eddy Ellwood - 5 Times Pro Mr. Universe 1997-2001, Englands Strongest Man 2003, World Strongman Competitor 2003**



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